

Survival Kit

When preparing for a disaster, be sure to make a survival kit that includes:

- Canned or other non-perishable food for each person for up to 4 days
- Non-electric can opener
- First aid kit and manual
- Portable radio and/or television
- Flashlights
- Extra batteries
- Emergency wind-up solar radio and flashlight
- Water in non-breakable containers for each person up to 4 days
- Prescription medicines as needed
- Extra clothing and blankets
- Emergency cash and credit cards
- A copy of your insurance policy
- An updated inventory of your personal property and important documents

Earthquake

Before

- Hang heavy items such as pictures and mirrors away from beds, couches and anywhere people sit.
- Fasten shelves securely to walls and place large or heavy objects on lower shelves.
- Be sure that water heaters and other gas appliances are properly bolted down or supported on the floor or wall.
- Make sure that your house is properly bolted to the foundation.
- Review how to shut off utilities in an emergency with all family members.
- Prepare a [survival kit](#).
- Identify safe places with your family in each room, such as under sturdy desks or doorways where you can seek cover.

During

- If you are indoors, seek cover under one of the safe places identified. Stay inside and avoid all places where glass could shatter, such as windows and mirrors, or where heavy furniture could fall over.
- If you are outdoors, move away from buildings, overhead wires and streetlights. Stay put until the earthquake passes.
- If you are in an automobile, pull over and stop your car in a clear area away from bridges, buildings, overpasses and trees. Stay in the car and after the earthquake has stopped, proceed with caution avoiding ramps and bridges that may have been damaged. Be sure to turn on the radio for current earthquake information.

After

Be prepared for aftershocks that may cause additional damage.
Listen to a battery-operated radio or television if possible.
Clean up any flammable liquids and leave immediately if you smell gas fumes.
Stay out of damaged buildings. Seek temporary housing if you are not able to return to your home.
Promptly report the loss to your insurance company.